



## CLUBS 2021-2022

Clubs are optional after-school programs offered to Nursery Bet (3's) and Pre-K (4's) children. Clubs take place from 1:00 to 2:00pm Monday thru Thursday. The program cost is \$700 per day for the year. At least one Chabad teacher is always present. *No refunds or credits provided for missed or dropped classes.* Due to COVID, Clubs take place outdoors for as much of the year as possible. Space is limited.

<b>Monday</b> <b>Dance</b>	Neha Shah teaches the children how to groove to Bollywood music. Children improve their fitness level and their dance moves.
<b>Tuesday</b> <b>Gardening</b>	Morah Nicole introduces the children to the many rewards of gardening through hands on activities in our own school garden. School gardens are shown to provide many benefits including: Increased consumption of fruits and vegetables, improvement in attitudes towards fruits and vegetables, improvement in social skills and behaviors, improvement in environmental attitudes, and instillation of respect for nature.
<b>Wednesday</b> <b>Stamford</b> <b>Nature Center</b>	Instructors from the Nature Center bring new animals every week for the children to touch and discover. A wide variety of scientific concepts related to animals and nature are incorporated.
<b>Thursday</b> <b>Soccer</b> <b>Superstars</b>	Instructors teach the fundamentals of soccer and other sports in a fun, non-competitive and age appropriate manner. Instructors use positive reinforcement to ensure each child feels supported and confident in his or her own abilities.

To register, email [greta@chabadgreenwich.org](mailto:greta@chabadgreenwich.org) and type "Clubs" in the subject. Let me know which day or days you want your child to participate.

The first day for Clubs is Thursday September 23<sup>rd</sup>. There are no clubs on days of Early Release.