



SPECIALS 2026-2027

Specials are included as part of the school day. Instructors spend 20-30 minutes with each class. Classroom teachers remain with the children during this time.

Monday	GYM WITH JERRY: Jerry Brunson-Hollinger gets the children moving with his fun and exciting fitness activities. Jerry introduces the children to a variety of sports and games that will help your child channel their boundless energy and reach developmental milestones in a structured environment.
Tuesday – fall & spring	PUPPET SHOW: Morah Maryashie performs puppet shows for the 3s, Pre K and Kindergarten. Her puppet shows emphasize Jewish values as well as social / emotional values. GARDENING: Morah Nicole introduces Toddlers and Two's to the many rewards of gardening through hands on activities in our own school garden. School gardens are shown to help increase a child's consumption of fruits and vegetables, improve environmental attitudes and instill a respect for nature.
Tuesday – winter	STAMFORD NATURE CENTER: Instructors from the Nature Center bring new animals every week for the children to touch and discover. A wide variety of scientific concepts related to animals and nature are incorporated.
Wednesday	YOGA: Corey Esannason brings a sense of fun and relaxation to children by introducing them to basic Yoga poses. It is an opportunity for children to connect with their breath, build strength and flexibility, and develop a better understanding of their bodies.
Thursday	TRAMPOLINES & MOVEMENT: Coach Chanell leads this engaging program that teaches the joy of movement through fun and imaginative activities. Children participate in playful running games, obstacle courses, and group activities that promote coordination, balance, and social skills. Chanell varies the program from week to week.
Friday	MUSIC & SHABBAT CELEBRATION: Teachers ignite the joy of Shabbat through song, dance, stories and challah baking. Bobby Doowah joins classes for added musical festivities.